

## Sweet and Savory Apricot Chicken

Serves 4 • Prep Time: 5 min • Cook Time: 12 min to 15 min

---

### Ingredients

- 1 Tbsp. (15mL) Mrs. Dash® Garlic & Herb Seasoning Blend
- 1/2 cup (120mL) apricot preserves
- 2 tsp (10mL) Dijon-style mustard
- 2 tsp (10mL) honey
- 1 tsp (5mL) vinegar
- 1 lb (454g) boneless, skinless chicken breast halves

### Directions

1. Combine all ingredients except chicken in small bowl; mix well.
2. Grill chicken 5 inches (11.5cm) from heat for 12 to 15 minutes or until juices are clear when pierced, turning once and brushing frequently with prepared sauce.
3. Discard sauce after cooking.