

# Baked Chicken Salsa

## Ingredients

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1 chicken breast  
1/2 cup salsa  
¼ sliced bell pepper or 3 jalapeno peppers, sliced  
6 small black olives

## Directions

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Cut a piece of tin foil large enough to close around the chicken breast.  
Place the chicken breast onto the foil and pour salsa over top of the breast.  
Place peppers and olives on top.  
Wrap the foil around the chicken and fold the ends together tightly and place in an oven dish.  
Bake at 400 degrees for 60 minutes.

Number of Servings: 1

Nutritional Info  
Servings Per Recipe: 1

- Amount Per Serving
- Calories: 330.5
- Total Fat: 5.5 g
- Cholesterol: 136.9 mg
- Sodium: 883.3 mg
- Total Carbs: 11.8 g
- Dietary Fiber: 3.9 g
- Protein: 56.9 g